



# Coaches Packet

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## Description

This packet is organized to help coaches prepare for the fall recreation season. We hope to provide you with all the tools and information to help you and the children have a successful season. If you have any questions or concerns, please feel free to contact us at any time.

## Contact Information

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## Player Safety

### Communication:

Remember, if there is every any concern about a child on your team; do not hesitate to contact the President or Vice President listed above. The player's safety is our top concern.

### Finger Printing:

Our number one priority is to make sure that the children are safe. We require all coaches and board members to be finger printed and registered with the Township. You will be contacted by the organization on how to accomplish this.

### Kid Safe Form and Concussion Training:

We require each coach to fill out the New Jersey Youth Soccer Kid Safe form and complete Concussion training.

- Kids Safe Form:  
<http://www.njyouthsoccer.com/Content/directors/upimg/dir5106/forms/kidsafedisclosureform.pdf>
- Concussion training:  
<http://www.gcyouthsoccer.com/concussion-training>

**Please return all forms and certificates to the President of the league.**



### Practices and Games:

These are a set of protocols to help keep the children safe and to help prevent any liability on the part of the coaches.

- **Never** leave yourself in a position to be alone with a child.
  - **Make sure** parents do not leave until other parents or guardians have arrived for a game or practice. (Parents for children in divisions G3/B3 – Little Kickers should always stick around during practice and games.)
  - **Ask** other parents to stay until all the children have been picked up.
  - **Never** let a child wander off alone. Always make sure that their parents or guardians are there to take them to the restroom or to be picked up.
- **Never** offer a child a ride home their parents or guardians have not arrived to pick them up. Always keep child's contact information with you at all times. If there is ever a problem, do not hesitate to call the President or Vice President of the league for help.
- **Always** make sure to have a first aid kit on you during all games and practices. If a major injury occurs (possible concussion, major sprain or breakage, etc.) please contact the President or Vice President to report the incident. EUSA has secondary insurance under NJ Youth Soccer Association. If you need a first aid kit (or more supplies for your kit) please contact us and we'll resupply you. Extra **ice packs** are always available at the Concession Stand window during game days if necessary.

### Conflicts:

During games conflicts can sometimes arise between players or parents and guardians. Here are some helpful tips for you to follow:

- Remember that each parent/guardian has filled out a **Code of Ethics** form before registering their child. This form is a contract with the organization regarding the sportsmanship of both the parent/guardian and the player. A copy of this form will be provided to you to keep on hand.
- If you notice one of your players being overly aggressive on the field, it is the coach's responsibility to bench the child and confront the issue.
- A coach should be aware if a child has had several fouls in a row on the field. They may need to be pulled off the field so you can explain to them what why the referee has made the calls. This may give them some time to calm down too.
- If a parent ever gets out of hand and is causing a scene, you may ask the referee to stop the game to have the parent removed. You can always call the President or another board member if necessary. All of these incidents should be reported as well.
- If a parent/guardian conflict ever gets physical, do not hesitate to call the police.

### Responsibilities/Expectations

Here's a list of your general responsibilities regarding coaching:

- Contacting all players regarding games and practices.
- Holding at least one team practice during the week. Feel free to hold two, but you at least need to hold one.



- Showing up to all mandatory meetings called by the league.
- Communicating with the team when you cannot be at a game or a practice.
- Communicating any player or parent/guardian issues to the league President, Vice President, or Player Agent.
- Returning all equipment to the league at the end of the season.
- Attending the Awards Banquet at the end of the season.

## Equipment

Each season you will be contacted by the league for when to pick up and return the equipment for your team. You should be provided the following:

- Soccer balls (of appropriate size for your age group)
- Ball bag
- Cones
- Pinnies (if available)
- First Aid Kit (bandages, bee sting kits, and ice packs)

## Game Rules

A basic set of rules will be emailed out to you each season. Please contact the league if you have not received this information.

## Recreation Soccer

Please keep in mind that this is a recreational league. Although we encourage the kids to be competitive and to play to their best abilities there are a few things to keep in mind.

1. **You must do your best to give equal playing time to all players.** We know that coaches are competitive too. It gets very tempting to keep your best players on the field to give yourself an advantage. Please keep in mind though that all the kids are there to have fun. Some are there to get more experience so that they can possibly compete at a higher level. They'll never get that experience or develop those skills unless they have the equal playing time they deserve.
2. **Do not run up the score.** If you are ahead by several points, please do your best to switch tactics and show sportsmanship to the other team. You can do this by playing keep away or possibly swapping your defense with your offense to give kids a different playing experience.
3. **High scoring players:** If you have a player that scored three points or more in a game, we ask that you either move that player to a defensive position or substitute the player out to give other players the chance to score.



4. **Not enough players:** If the opposing team is short players we ask that you play down to the number of players that they have available. For instance, if your team is supposed to play 7 vs 7 and the opposing team has only 6 players, you must play 6 vs 6. Please alert the referee to this issue so that they are not confused. If the opposing team has another player show up part way through the game, you must alert the referee before adding the appropriate number of players to the field.

## Practice Fields

All practices should be at the Municipal Fields off of Jake Garzio Drive. These fields include:

- Tank Fields
- Little Kickers Field
- Lit Field
- Scott Field
- Scotch Road fields

### Lit Field Usage:

If you need access to the lights at the Lit Field, please contact the President of the league. We can make sure that someone is there to turn the lights on or give you access.

## Travel Soccer

Ewing United has both a travel program for both boys and girls. We are constantly seeking coaches and players that are interested in playing at the next level. EUSA has partnered with the Next Level Soccer Association to train all of our travel teams and help grow our program in general. Next Level Soccer will also be assisting the recreation program by running our instructional program and our Wednesday training sessions. If you have any questions about the travel program please contact our Vice President or President.